



Gospel Conversation Journal

THIS JOURNAL BELONGS TO

Introduction

This journal encourages every person at Brentwood Baptist to take intentional time to reflect on their gospel conversations. We do this by examining our walk with Christ, our efforts to share the gospel, our interactions with others, and our engagement in outreach and groups. This time of reflection equips us to embrace the opportunities God provides with renewed commitment to His mission.

What scriptural truths and principles activate followers of Jesus to multiply disciples? This journal guides you through these truths, helping you discover how they shape your life and mission. Each session includes Scripture, reflection questions, and video resources to focus on key themes. Space is provided for responses to help you align your life with the calling to make disciples who make disciples.

The **Gospel Conversation Lab** journal can be completed over five sessions or in one sitting, perhaps during a half or full day of focused time. Some sessions include additional resources if you have extra time. You can engage with this journal individually, with a friend, with your group, or with your family. While schedules and approaches will differ, there is power in setting aside distractions, immersing yourself in God's Word, and allowing the Holy Spirit to guide you toward bold action in sharing the gospel and multiplying disciples.

The Mechanics of Growth

Once we come to faith in Christ and choose to follow Him, how do we grow in our faith? What moves us to become more like Jesus? What equips us to share our faith with others?

At Brentwood Baptist, we focus on engaging everyone in following Jesus, initiating gospel conversations, and multiplying disciples. This journal identifies Gospel conversation activators—scriptural truths and practices that help followers of Jesus take meaningful steps in this mission.

Practical Suggestions for Use

- Schedule dedicated time and add it to your calendar.
- Find a quiet place to minimize distractions.
- Bring your Bible, a pen, this journal, and any additional resources you may use.
- Silence notifications, set your phone to “do not disturb,” and put it away.
- Begin and end each session with prayer, asking God to reveal His truth and guide you toward action.
- Reflect on application points later in the day for deeper insight.

SESSION ONE

GOSPEL CONVERSATION ACTIVATORS

1. Jesus commands all believers to “go and make disciples”

Matthew 28:18-20

Jesus came near and said to them, “All authority has been given to me in heaven and on earth. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age.”

2 Corinthians 5:19-20

That is, in Christ, God was reconciling the world to himself, not counting their trespasses against them, and he has committed the message of reconciliation to us. Therefore, we are ambassadors for Christ, since God is making his appeal through us. We plead on Christ’s behalf: “Be reconciled to God.”

Romans 1:16

For I am not ashamed of the gospel, because it is the power of God for salvation to everyone who believes, first to the Jew, and also to the Greek.

2. Anyone can come to faith in Jesus as Savior

John 3:16

For God loved the world in this way: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.

Romans 10:9-10

If you confess with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. One believes with the heart, resulting in righteousness, and one confesses with the mouth, resulting in salvation.

Ephesians 2:8-9

For you are saved by grace through faith, and this is not from yourselves; it is God’s gift—not from works, so that no one can boast.

REFLECTION QUESTIONS

1. What is God saying to you through these verses?
2. What do these verses reveal about our role in sharing the gospel?



Watch this video

Scan the QR code to watch a video introducing the Gospel Conversation Activators, presented by Matt Round, pastor of Hope City Church in Edinburgh.

What did you hear in this video that applies to you?

Amazing Truth

God has chosen to use us as His ambassadors and representatives in this world. Reflect on this profound truth and how God often brings the unexpected to faith.

Read about Paul's salvation story in Acts 9:1-31.

God used Ananias as a reluctant yet obedient witness in this passage, where an unlikely man comes to faith. Thank God for transforming Paul and for how He is transforming you. Take a moment to reflect on your own story of coming to faith.

SESSION TWO

GOSPEL CONVERSATION ACTIVATORS

3. Prayer and reliance on the Holy Spirit are essential to the mission.

Ephesians 6:19-20

Pray also for me, that the message may be given to me when I open my mouth to make known with boldness the mystery of the gospel. For this I am an ambassador in chains. Pray that I might be bold enough to speak about it as I should.

Colossians 4:3

At the same time, pray also for us that God may open a door to us for the word, to speak the mystery of Christ, for which I am in chains.

2 Thessalonians 3:1

In addition, brothers and sisters, pray for us that the word of the Lord may spread rapidly and be honored, just as it was with you.

Acts 1:8

But you will receive power when the Holy Spirit has come on you, and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.

Romans 8:26-27

In the same way the Spirit also helps us in our weakness, because we do not know what to pray for as we should, but the Spirit himself intercedes for us with inexpressible groanings. And he who searches our hearts knows the mind of the Spirit, because he intercedes for the saints according to the will of God.

4. Compassion for the eternal destiny of others.

Matthew 9:36

When saw the crowds, he felt compassion for them, because they were distressed and dejected, like sheep without a shepherd.

REFLECTION QUESTIONS

1. Read the background verses for these Gospel conversation activators.
What is God saying to you in these verses?

2. How has prayer been lived out in your daily life?

Reflect on how you can rely more fully on the Holy Spirit in your life.

Jesus has compassion for the eternal destiny of people. Because of this, we are called to pray for them, serve them, and speak to them. Ultimately, it is the Holy Spirit who works in people's hearts to bring about transformation.

Take a moment to reflect on who you've been praying for this past year. Write their names or initials below. Where have you seen God at work in their lives? Thank Him for the difference that prayer makes.

Extras



Watch this video

Scan the QR code to watch Daryl Cripe on How to Reverse the Decline in Small, Mid-Size, and Stuck Churches



Watch this video

Scan the QR code to watch Ruth's 2-minute video on persevering in prayer.

SESSION THREE

GOSPEL CONVERSATION ACTIVATORS

5. Regular Engagement with Non-Christians

1 Peter 3:15-16a

But in your hearts regard Christ the Lord as holy, ready at any time to give a defense to anyone who asks you for a reason for the hope that is in you. Yet do this with gentleness and reverence.

Romans 10:14

How, then, can they call on him they have not believed in? And how can they believe without hearing about him? And how can they hear without a preacher?

6. Confidence to Pursue Spiritual Conversations and Share My Story and the Gospel

John 14:26

But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and remind you of everything I have told you.

1 Corinthians 1:27

Instead, God has chosen what is foolish in the world to shame the wise, and God has chosen what is weak in the world to shame the strong.

7. Fluency in “Speaking Naturally About Spiritual Things and Spiritually About Natural Things”

Colossians 4:5-6

Act wisely toward outsiders, making the most of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you should answer each person.

1 Corinthians 9:19, 22-23

Although I am free from all and not anyone’s slave, I have made myself a slave to everyone, in order to win more people. To the weak I became weak, in order to win the weak. I have become all things to all people, so that I may by every possible means save some. Now I do all this because of the gospel, so that I may share in the blessings.

REFLECTION QUESTIONS

1. Read the background verses for these Gospel conversation activators.

What is God saying to you about how you are sharing your faith and with whom? Make a list of all the places where you regularly encounter non-Christians (e.g., at work, your children's school, social activities, the gym, or community clubs).

2. How are you speaking about Jesus with those people? In what areas do you feel you need to be better equipped to share your faith?

Extras



Watch this video

Scan the QR code to watch an InterVarsity video that describes how people journey toward faith.



Book Recommendation

The 9 Arts of Spiritual Conversation
by Mary Schaller and John Crilly.

- Read the short 12-page primer.
- Complete the one-page assessment on page 10 of the PDF to identify areas where you can grow in spiritual conversations. Discuss your assessment results with a friend to gain insight and accountability.

SESSION FOUR

GOSPEL CONVERSATION ACTIVATORS

8. Support, encouragement, and accountability among Christians are essential for staying engaged in the mission of sharing the gospel.

Hebrews 10:24

And let us consider one another in order to provoke love and good works.

Colossians 3:16

Let the word of Christ dwell richly among you, in all wisdom teaching and admonishing one another through psalms, hymns, and spiritual songs, singing to God with gratitude in your hearts.

Philemon 1:6

I pray that your participation in the faith may become effective through knowing every good thing that is in us for the glory of Christ.

REFLECTION QUESTIONS

1. Read the verses about support and accountability among Christians.

In the past year, how have you given and received support, encouragement, and accountability in your personal mission of sharing the gospel?

2. Reflect on this past year and your personal mission:

- What have gospel conversations and sharing the gospel looked like for you?
- With whom or what groups have you engaged, and in what ways?
- How have you felt obedient to the Holy Spirit's prompting in these moments?

3. Let's look at the "I" Statements from Gospel Conversation Activators.

Consider the following "I" statements related to Gospel conversation activators. Identify 2–3 areas where you feel you were obedient this past year. Write a sentence prayer of thanks for how God has used you in these areas.

- I believe Jesus commands me to "go and make disciples."
- I believe absolutely anyone can come to a saving faith in Jesus.
- I pray and depend on the Holy Spirit to help me in this mission.
- I have compassion for the eternal destiny of others.
- I engage regularly with non-Christians.
- I know how to pursue spiritual conversations and share my story and the gospel.
- I feel fluent in "speaking naturally about spiritual things, and spiritually about natural things."
- I am supported, encouraged, and accountable to other Christians in this mission.

SESSION FIVE

GOSPEL CONVERSATION ACTIVATORS

8. Support, encouragement, and accountability among Christians are essential for staying engaged in the mission of sharing the gospel.

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REFLECTION QUESTIONS

1. Read the background verses.

Looking ahead, what specific ways could you pursue giving or receiving more support, encouragement, or accountability with other Christians?

2. Let's revisit the "I" Statements from Gospel Conversation Activators.

Identify and mark 2 or 3 activators that you would like to grow in during the coming year:

- I believe Jesus commands me to "go and make disciples."
- I believe absolutely anyone can come to a saving faith in Jesus.
- I pray and depend on the Holy Spirit to help me in this mission.
- I have compassion for the eternal destiny of others.
- I engage regularly with non-Christians.
- I know how to pursue spiritual conversations and share my story and the gospel.
- I feel fluent in "speaking naturally about spiritual things, and spiritually about natural things."
- I am supported, encouraged, and accountable to other Christians in this mission.

Using the 2 or 3 Gospel Conversation Activators you have identified, work through the following **Start – Stop – Change** questions:

START

What is God prompting you to begin doing to pursue Gospel Conversations?

Examples:

- *Commit to praying daily for five people who are not yet believers in Jesus.*
- *Join a group or activity where I can regularly interact with non-believers.*

STOP

What might God be asking you to stop during this season of life?

Example: *I'm leading several parents' groups and participating in several other community groups. While these are all good activities, I'm so pressed for time that I'm emotionally and physically drained, leaving me unable to meaningfully engage with others. I will assess all the groups I'm involved in and step back from at least one, freeing up time to invest more intentionally in relationships with non-Christians.*

CHANGE

What might God be prompting you to change in your life?

Examples:

- *I always sit with the same parents at my child's sports matches. I will change where I sit to get to know someone new and see if I can engage them in a Gospel Conversation.*
- *I spend too much time on social media, gaming, or reading news cycles. I sense God leading me to limit that time to ___ minutes a day so I can free up more time to intentionally engage with people.*

TAKE A RISK

What might God be asking you to risk in sharing your faith?

Example: *I've been wanting to ask a friend if she would be interested in reading the Bible (or a Christian book) with me, but I've been hesitant to ask. I sense God prompting me to take that risk and extend the invitation.*

START, STOP, CHANGE - TAKE A RISK



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