

# parent equip

SESSION 2

BRENTWOOD  
families

## Influence with Love

*Questions for Contemplation Following The Session*

### WHERE'S MY IDENTITY?

Think back to the "things about me" facts you wrote on your index card during the session. Where do you most heavily base your identity? What do you want to change about where you find your identity?

### SHOW UP

How many Sundays per month does your family attend church? In addition to worship attendance, what other opportunities does your child have to build relationships and community within the body of Christ? What is one thing you can do now to begin giving your child more opportunities to build significant multigenerational relationships within the church?

**Hint:** *This might not be a greater time commitment. It might be a step of intentionally developing friendships within the body of Christ or to clear something from your schedule to give your family margin to serve together. (Ex. What "good" thing needs to be given up to make time for something better?)*

### MAKING CHURCH A PRIORITY

On a scale of 1 to 10, how important do you think your children believe church involvement to be, based on the way your family has prioritized it?

What things take a higher priority for your family than church? (If I were to ask your children which things hold a higher priority for your family than church, what would they say?)

Take time this week to wrestle through the balance between legalizing church attendance and treating it too flippantly. What is a healthy, God-honoring balance? Consider writing a family statement concerning this, so that when opportunities come up that will cause your family to miss church, you can refer back to the statement instead of letting your emotions decide.

### YOUR FAMILY IDENTITY

Complete this statement:

Our family is \_\_\_\_\_.

Being part of a family whose identity is found in Christ will go a long way toward helping your child develop his or her individual identity in Christ. Take some time this week to discuss as a family what your identity is.

#### **Some questions to consider:**

Who are we as a family? What does our family represent? What needs to change about our family in order to honor Christ more fully?

As family, write a mission statement about who you want to become in order to best represent Christ. Have fun with it! Consider creating a logo, or artwork, to help solidify this. Perhaps even frame the statement and place it in a location where your family sees it regularly.