

parent equip

SESSION 1

BRENTWOOD
families

Influence with Intent

Questions for Contemplation Following The Session

MY FOCUS

What are your top 3 areas of focus currently as a parent?

- 1.
- 2.
- 3.

In what way would you like to adjust this focus?

SHEMA=HEAR

As parents, we set the example for how our family listens to God. How are you listening for God's still small voice throughout the day? How are you modeling/leading your family to do this?

FROM THE OVERFLOW...

We influence and disciple our children from the overflow of our own relationship with God. How would you rate the status of your relationship with God currently? How consistent are you to read/study your Bible? Pray? Spend time worshiping? How do you think your own relationship with God is affecting your ability to lead your children spiritually?

TIME AND ATTENTION

The average parent has 3,000 hours per year (outside of work/school) during which they are impressing something on their child. What do you think you are impressing on your child by the way you spend your time and focus your attention?

SPIRITUAL PARENTING IDEAS...

The following discipleship ideas were discussed during the Parent Equip class. Place a checkmark beside any that your family is already doing. Circle at least one that you'd like to try.

- Faith Talks
- Music
- Scripture Memory
- Serving Together
- Pray
- Capture God Moments

TAKE A STEP

Look back over the questions on this sheet. Prayerfully consider what one step you can take this week to more intentionally influence and discipleship your family.

REMEMBER:

Wherever your family is right now is a great place to start!

BRENTWOOD BAPTIST APP

If you haven't already downloaded the Brentwood Baptist app and turned on notifications, do that now! You will receive prompts throughout this series to encourage and equip you as a parent.

